













Nipissing Manor Activity Calendar –February- 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Room Abbreviations AR = Activity Room MDR = Main Dining Room QR = Quiet Room 2E = 2nd floor East Lounge</p>		<p>Nipissing Manor residents continue their intergenerational pen pal program with the students from St. Thomas D'Aquin– Astorville, Ferris Glen– Corbeil, and St. Theresa – Callander.</p>		<p>1 Morning Coffee - MDR 10:00 BINGO - MDR 10:15 Volleyball-MDR 2:15 Afternoon Tea - MDR 3:00</p>	
<p>2 Groundhog Day! Sit & be Fit– AR 9:30 Morning Coffee - AR 10:00 Groundhog Day Activities- AR 10:15 Ground Hog Day Word Games- AR 2:15 Afternoon Tea - AR 3:00</p>	<p>3 Morning Coffee - MDR 10:00 BINGO - MDR 10:15 Music with Tracey & Tom– MDR 2:15 Afternoon Tea - MDR 3:00</p>	<p>4 Morning Coffee - MDR 10:00 Bilingual Catholic Mass– MDR 10:15 Snowman Toss-MDR 2:15 Afternoon Tea - MDR 3:00</p>	<p>5 Sit & be Fit– AR 9:30 Morning Coffee - AR 10:00 Arts & Crafts: Paper Hearts- AR 10:15 Manicures & Paraffin Hand Wax - AR 2:15 Afternoon Tea –AR 3:00</p>	<p>6 Morning Coffee - AR 10:00 Exercise-AR 10:15 Hockey- MDR 2:15 Afternoon Tea-MDR 3:00</p>	<p>7 Morning Coffee-AR 10:00 Word Games– AR 10:15 Salvation Army Service-MDR 2:15 Afternoon Tea-MDR 3:00</p>	<p>8 Morning Coffee - MDR 10:00 Zumba with Shelley-MDR 10:15 BINGO - MDR  2:15 Afternoon Tea - MDR 3:00</p>
<p>9 Sit & be Fit– AR 9:30 Morning Coffee - AR 10:00 Guess the Sketch-AR 10:15 Word Games-AR  2:15 Afternoon Tea- AR 3:00</p>	<p>10 Morning Coffee-MDR 10:00 BINGO - MDR  10:15 Water Bottle Flip– AR 2:15 Afternoon Tea - AR 3:00</p>	<p>11 Morning Coffee - MDR 10:00 Bilingual Catholic Mass– MDR 10:15 February Birthday Party and Surprise Gift - MDR 2:15 Afternoon Tea - MDR 3:00</p>	<p>12 Sit & be Fit– AR 9:30 Morning Coffee - AR 10:00 Arts & Crafts: Valentine's Day Card Making -AR Manicures & Paraffin Hand Wax – AR  2:15 Afternoon Tea - AR 3:00</p>	<p>13 Baking: Cherry Pastries– AR 9:30 Morning Coffee - AR 10:00 Exercise-AR 10:15 Indoor Soccer-MDR 2:15 Afternoon Tea– MDR  3:00</p>	<p>14 Happy Valentine's Day Cookie Decorating– AR 9:30 Morning Coffee - AR 10:00 Valentine's Day Word Games – AR 10:15 Valentine's Day Tea Social and Sing-a-long with Heather and Nicole- MDR 2:15</p>	<p>15 Morning Coffee - MDR 10:00 BINGO- MDR 10:15 Making Yarn Bracelets-AR 2:15 Afternoon Tea - AR 3:00</p>
<p>16 Sit & be Fit– AR 9:30 Morning Coffee - AR 10:00 Hymn Sing- AR 10:15 Parachute Fun— AR 2:15 Afternoon Tea - AR 3:00</p>	<p>17 Family Day Morning Coffee - MDR 10:00 BINGO–MDR 10:15 Family Tree Craft-AR 2:15 Afternoon Tea - AR 3:00</p>	<p>18 Morning Coffee - MDR 10:00 Bilingual Catholic Mass– MDR 10:15 Residents' Council meeting - AR  1:30 Tic Tac Toe & Connect 4-MDR 2:15 Afternoon Tea– MDR 3:00</p>	<p>19 Sit & be Fit– AR 9:30 Morning Coffee - AR 10:00 Arts & Crafts: Felt Letters-AR 10:15 Manicures & Paraffin Hand Wax – AR 2:15 Afternoon Tea - AR 3:00</p>	<p>20 Morning Coffee- AR 10:00 Exercise-AR 10:15 Southshore Missionary Church-MDR 2:15 Afternoon Tea - MDR 3:00</p>	<p>21 Morning Coffee AR 10:00 Charades-AR 10:15 Music with Norm & Friday Afternoon Social– MDR 2:15 </p>	<p>22 Morning Coffee - MDR 10:00 BINGO - MDR  10 :15 Plinko- AR 2:15 Afternoon Tea - AR 3:00</p>
<p>23 Sit & be Fit– AR 9:30 Morning Coffee - AR 10:00 Paraffin Hand Wax- & Hand Massages- AR 10:15 Memory Game--AR 2:15 Afternoon Tea - AR 3:00</p>	<p>24 Morning Coffee -MDR 10:00 BINGO– MDR  10:15 Winter Games: Hockey –MDR 2:15 Afternoon Tea - MDR 3:00</p>	<p>25 Morning Coffee - MDR 10:00 Bilingual Catholic Mass– MDR 10:15 Winter Games: Bowling -MDR 2:15 Afternoon Tea - MDR 3:00</p>	<p>26 Sit & be Fit– AR 9:30 Morning Coffee - AR 10:00 Arts and Crafts: Paper Butterflies -AR 10:15 Winter Games: Shuffle Ski– MDR 2:15 Afternoon Tea - MDR 3:00</p>	<p>27 Morning Coffee– AR 10:00 Exercise- AR 10:15 Winter Games: Hunting– MDR 2:15 Afternoon Tea - MDR 3:00</p>	<p>28 Morning Coffee AR 10:00 Trivia– AR 10:15 Ice Fishing for Prizes & Friday Afternoon Social - MDR 2:15</p>	